

**Financial Management Services
Resources for Living Independently
c/o Liberty Resources Inc.
714 Market Street – Suite 100
Philadelphia, Pennsylvania 19106**



Dear Attendant:

Resources for Living Independently, acting as fiscal agent for your consumer-employer and working in compliance with the Occupational and Safety Health Regulations, would like to remind you of necessary precautions involving the H1N1 flu virus.

The 2009 H1N1 flu virus infection (formerly known as swine flu) can cause a wide range of symptoms and can cause respiratory symptoms without a fever. Like seasonal flu, 2009 H1N1 flu can vary in severity from mild to severe. Severe disease with pneumonia, respiratory failure and even death is possible with 2009 H1N1 flu infection. Certain groups might be more likely to develop a severe illness from 2009 H1N1 flu infection, such as persons with chronic medical conditions.

To assist in preventing the spread of the H1N1 flu virus, follow these precautions:

- Wash your hands often, using soap & water, use disposable paper towels for drying hands when available
- Use alcohol-based hand sanitizing lotions/gels when possible
- Cover your coughs
- If close contact with a contagious individual is unavoidable, use face masks
- Clean common areas frequently

When to Seek Emergency Medical Care

Get medical care right away if the sick person at home:

- has difficulty breathing or chest pain
- has purple or blue discoloration of the lips
- is vomiting and unable to keep liquids down
- has signs of dehydration such as dizziness when standing, absence of urination, or in infants, a lack of tears when they cry
- has seizures (for example, uncontrolled convulsions)
- is less responsive than normal or becomes confused

For more information or to locate where to receive a vaccination, please check the following websites:

www.cdc.gov/h1n1flu/guidance_homecare.htm

www.flu.gov

www.H1N1inPA.com